

	Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Choose	Main Meal	Minced Beef Bolognese Meat Free Bolognese Jacket Potato	Cheese and Onion Whirls Vegan Vegetable Burger Jacket Potato	Roast Chicken Roasted Quorn Fille Jacket Potato	Beef Lasagne Meat Free Lasagne Jacket Potato	Beef Burger in a Bun Quorn Burger in a Bun Jacket Potato
from the red section	Sandwiches	Cheese Tuna Mayo & Cucumber	Ham Cheese	Jam Cheese	Cheese Tuna Mayo & Cucumber	Ham Cheese
Choose 2 any from the green section	Side Dish	Spaghetti Garlic Bread Salad	Non-Fried Potato Cubes Peas Sweetcorn	Roast Potatoes Broccoli Mixed Vegetables Vegetarian Gravy	Salad	Potato Wedges Baked Beans Salad
from the yellow section	Dessert	Assorted Muffin Yoghurt Fresh Fruit	Frozen Yoghurt Yoghurt Fresh Fruit	Syrup Sponge and Cus Yoghurt Fresh Fruit	Cheese and Crackers Yoghurt Fresh Fruit	Cheesecake Yoghurt Fresh Fruit
Greenwood Academies Trust understands that there are different types of vegetarian diet. Our menus reflect choices available for Lacto-ovo-vegetarians as this is the most common type of vegetarian diet. All menu items are subject to availability.						
Allergen Symbols Key	Glute	en Milk	Eggs	Sulphites	Mustard Pea	nuts
	Fis	h	Crustaceans	Molluscs	Nuts Sesar	me Oil Celery