



Ref:WMHD10OCT24

Thursday 03 October 2024

Dear Parent/Carer,

RE: World Mental Health Day – Thursday 10th October 2024: WEAR SOMETHING YELLOW

Next Thursday 10th October, we are going to be highlighting 'World Mental Health' day by supporting students and staff with activities and projects, to think about how to share feelings and learn about what makes us feel good.

As part of raising awareness for this national day, the theme is to WEAR yellow. We would like to run this in the academy so, your child can wear non uniform on this day with a yellow theme or simply add a scarf, socks or t-shirt if that's easier!

We will be having a day promoting care of ourselves and others. We hope all students and staff will wear something YELLOW that makes them happy.

On this day, we will also be learning about Harvest. We will be using this opportunity to support our Academy community by collecting for our new family support bank.

Instead of money for the non-uniform day could you please help by donating any of these kinds of items:

- new toothbrushes
- toothpaste
- soaps, shampoos, shower gels
- unwanted new towels/bedding items
- dried foods e.g. rice, pasta etc
- tinned foods e.g. beans, soups, sauces

Thank you in advance!

Yours sincerely

N A Maker

Mrs N Maker
Assistant Principal